

# Rocky Mountain Internal Medicine Conference

Thursday, Nov 16, 2023

Time	Presentation Type	Presentation Title	Presenter	Learning Objectives
0800-0900		Breakfast & Poster Set-up		
0850-0900	Opening Remarks		Lee-Ann Hawkins Rahim Kachra	
0900-0945	RJ Herman Plenary	How Your Ignorance Is Killing Your Patient: Racism in Medicine	Neeja Bakshi	<ul style="list-style-type: none"> <li>• Identify and define: Racism in Healthcare, Implicit Bias, and review Social Determinants of health in this context</li> <li>• Explore historical examples of systemic racism in healthcare</li> <li>• Discuss real-time examples of racial disparity in current day healthcare system</li> <li>• Explore anti-racism and anti-oppressive curriculum gaps in medical education</li> </ul>
0945-1010	Short Snapper	More than just statins - What's new in the treatment of dyslipidemia?	Raj Padwal	<ul style="list-style-type: none"> <li>• Determine which patients require aggressive management and therefore may need non-statin therapy</li> <li>• Identify the when ezetimibe, PCSK-9 inhibitors, fibrates, and icosapent ethyl</li> <li>• Identify emerging drugs and drug targets in the field</li> </ul>
1010-1035	Short Snapper	Thrombotic microangiopathy - A short snapper for the internist	Louis Girard	<ul style="list-style-type: none"> <li>• Identify the signs and symptoms of TMA</li> <li>• Emphasize the investigations required to establish a diagnosis in patients with TMA and to ensure that their workup is complete</li> <li>• Discuss emergent treatment of TMA along with other relevant therapies.</li> </ul>
<b>1035-1100</b>	<b>Break</b>			

1100-1145	Research Program	Abstract - Oral Presentation	Oral Abstract Authors	<ul style="list-style-type: none"> <li>• Recognize and manage rare conditions encountered in General Internal Medicine</li> <li>• Describe quality improvement initiatives being undertaken by General Internists to enhance healthcare delivery and clinical outcomes</li> <li>• Appreciate the scope of research being undertaken by General Internists</li> </ul>
1145-1230	ACP/AM Edwards	Reflections on a Pandemic: Picking up the pieces	Lynora Saxinger	<ul style="list-style-type: none"> <li>• Summarize clinical knowledge about COVID-19 gained over the course of the pandemic</li> <li>• Summarize key stories and stages of the COVID-19 pandemic and its profound impacts on society - and on us as health care professionals</li> <li>• Illustrate how key societal trends exacerbated increasing pandemic divisions and distrust – and compare our current status to relevant historical challenges.</li> <li>• Propose strategies that will help us move forward, applying lessons learned in a positive way.</li> </ul>
<b>1230-1330</b>	<b>Lunch</b>			
	Workshop Round 1			
	<b>A1</b>	Cases in acute respiratory failure: CHF or COPD?	Lori Wik	<ul style="list-style-type: none"> <li>• Provide strategies to differentiate between cardiac and respiratory causes of acute dyspnea</li> <li>• Identify common pathophysiologic mechanisms of dyspnea in heart failure and COPD</li> <li>• Use real-world examples, review and analyze an approach to acute dyspnea in an interactive forum.</li> </ul>
	<b>A2</b>	Walking the Tightrope- Restarting Anticoagulation after Major Bleeding	Deepa Suryanarayan	<ul style="list-style-type: none"> <li>• Describe the clinical significance of major bleeding events in patients receiving anticoagulant therapy</li> <li>• Explore risk factors and outcomes post major bleeding in patients on anticoagulation.</li> <li>• Discuss the potential benefits and risks of restarting anticoagulation therapy after major bleeding and evaluate the evidence guiding optimal timing to resume anticoagulation and management</li> </ul>

1330-1425	<b>A3</b>	How to reduce kidney and CV risk in patient's with CKD	Louis Girard	<ul style="list-style-type: none"> <li>• Discuss CV and kidney risk in patients with CKD</li> <li>• Highlight up to date methods for establishing cardiorenal risk in patients with CKD</li> <li>• Describe guideline based targets and therapeutics with strong evidence demonstrating cardiorenal risk reduction in patients with CKD</li> </ul>
	<b>A4</b>	The Retrospectroscope: A Case-Based Approach to Illustrate How Autopsy Can Be Used as a Quality Improvement Tool	Amy Bromley	<ul style="list-style-type: none"> <li>• Describe the role of the autopsy in a modern medical practice</li> <li>• Identify cases in which an autopsy may be high yield</li> <li>• Utilize autopsy results for quality improvement</li> </ul>
	<b>A5</b>	Limb preservation/Medical management of PAD	Karim Manji Asad Junaid	<ul style="list-style-type: none"> <li>• Identify risk factors for diabetes-related foot complications</li> <li>• List surgical management options for diabetes-related foot complications</li> <li>• Recognize opportunities to reduce risk of major amputation</li> </ul>
<b>1425-1435</b>	<b>Transition</b>			
	Workshop Round 2			
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<b>1530-1600</b>	<b>Break</b>			
	Workshop Round 3			
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<b>1655-1700</b>	<b>Transition</b>			
1700-1800		Poster Presentations	Poster Abstract Authors	<ul style="list-style-type: none"> <li>• Appreciate interesting clinical case presentations in General Internal Medicine from various hospitals across Western Canada</li> <li>• Explain how different health care systems address quality improvement and safety initiatives</li> <li>• Describe local clinical research projects and how these results impact patient populations</li> </ul>
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<b>0730-0830</b>	<b>Breakfast</b>			
	Workshop Round 1			

0830-0925	<b>B1</b>	Alphabet soup - Management of T2DM in 2023	Janeve Desy	<ul style="list-style-type: none"> <li>• Describe the mechanisms of action of oral and injectable diabetes medications</li> <li>• Apply the latest guideline recommendations for treatment of type 2 diabetes</li> <li>• Individualize treatment of type 2 diabetes based on patient comorbidities</li> </ul>
	<b>B2</b>	Hot Topics in Obstetric Medicine	Jessica Cudmore	<ul style="list-style-type: none"> <li>• List updates on OAT in pregnancy</li> <li>• Explain what's new in blood pressure management in pregnancy and post partum</li> <li>• Describe the connection between hypertensive disorders in pregnancy and future cardiovascular health</li> </ul>
	<b>B3</b>	Optimizing GDMT in the patient with heart failure	Lori Wik	<ul style="list-style-type: none"> <li>• Identify optimized goal-treatment approaches for all types and stages of heart failure</li> <li>• Describe systems to keep patients with heart failure at home</li> <li>• Review prevention and management of common barriers to medication titration</li> <li>• Identify strategies for comprehensive heart failure care in the community setting</li> </ul>
	<b>B4</b>	Management of decompensated cirrhosis for the general internist	Meredith Borman	<ul style="list-style-type: none"> <li>• Identify how best to incorporate General Internal Medicine into the management of the patient with decompensated cirrhosis</li> <li>• List treatment modalities available for these patients</li> <li>• Recognize the merit of screening programs and how to implement them in your community clinic setting</li> </ul>
	<b>B5</b>	Cases in atrial fibrillation: Rate vs rhythm	Ben Leis	<ul style="list-style-type: none"> <li>• Outline key literature around usefulness of rhythm versus rate control</li> <li>• Develop a process of considering and implementing rhythm control strategies using a case-based approach</li> </ul>
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<b>1030-1100</b>	<b>Break</b>			
	Workshop Round 3			

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<b>1200-1300</b>	<b>Lunch</b>			



1300-1345	Plenary	Top 5 Papers	Meghan Vlasschaerts	<ul style="list-style-type: none"> <li>Summarize the top 5 papers of 2023 that are highly relevant to General Internal Medicine</li> <li>Discuss the limitations of the conclusions of the top 5 paper as it pertains to the General Internal Medicine patient population</li> <li>Describe the implications of the top 5 papers to General Internal Medicine practice</li> </ul>
1345-1410	Short Snapper	COVID-19 treatment	Vikas Chaubey	<ul style="list-style-type: none"> <li>Describe the classification of COVID severity</li> <li>Apply therapies indicated based on severity of disease</li> <li>Manage logistics of delivering outpatient therapy</li> </ul>
1410-1435	Short Snapper	Hypertension update	Asad Junaid	<ul style="list-style-type: none"> <li>Apply hypertension canada guidelines in the complex medical patient</li> <li>Carry out commiunity practice management strategies for these patients with a focus on those with resistant or complicated hypertension</li> <li>Describe the current evidence available for guiding management in this population</li> </ul>
<b>1435-1500</b>	<b>Break</b>			
1500-1525	Short Snapper	Refactoring our approach to thrombosis management (Factor XI inhibitors)	Deepa Suryanarayan	<ul style="list-style-type: none"> <li>List the limitations and challenges associated with traditional anticoagulants in thrombosis management.</li> <li>Describe the role of factor XI in the coagulation cascade and implications of FXI inhibition in management of thrombotic disorders</li> <li>Explore the current evidence and clinical trials evaluating factor XI inhibitors for various thrombotic indications in both prophylactic and treatment settings</li> </ul>
1525-1550	Short Snapper	Cardiac Amyloidosis	Nowell Fine	<ul style="list-style-type: none"> <li>Identify the patient with cardiac amyloid in your practice</li> <li>review imaging and cardiac function modalities and how best to incorporate them into your practice</li> <li>identify treatment options for this patient population</li> </ul>
1550-1630	Thought Experiment	Minding the gap - perception of GIM	Troy Pederson Narmin Kassam Lori Wik Iain McCormick	TBD

1630-1640	Closing Remarks		Lee-Ann Hawkins Rahim Kachra	
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Version 1.3 August 8, 2023 - Program may change due to circumstances beyond our control