

# Rocky Mountain Internal Medicine 2020

## Learning Objectives

By the end of the Rocky Mountain Internal Medicine Conference, participants will be able to:

1. Assess their own practice and evaluate areas for change,
2. Appraise new research and develop strategies for implementing new trends into practice patterns,
3. Recognize regional approaches to patient care and opportunities for collaboration within healthcare,
4. Interpret the benefits of collaboration with industries peripheral to patient care, yet relevant to practice management.



# Thursday, November 19, 2020

Start Time	End Time	Talk Title	Learning Objectives	Speaker(s)
1300	1315	Opening Remarks		Dr. Lee-Ann Hawkins and Dr. Rahim Kachra
1315	1335	Dr. Robert J. Herman Plenary Session - The Edmonton Zone Virtual Hospital: A Novel Way of Delivering Healthcare	<ol style="list-style-type: none"> <li>1. Describe an overview of the development and understand the operationalization of the EZ Virtual Hospital model.</li> <li>2. Describe the VH program services and experience to date.</li> </ol>	Dr. Narmin Kassam
1335	1345	Questions		
1350	1410	Patient-Centered Anticoagulation Management: The Role of Multidisciplinary Teams and Patient Engagement in the Care of Patients on Long-Term Anticoagulation	<ol style="list-style-type: none"> <li>1. Describe the role of multidisciplinary teams in management of anticoagulation patient populations.</li> <li>2. Describe the patient engagement strategies that are used in the management of patients on longterm anticoagulation.</li> <li>3. Identify the evidence for multidisciplinary teams and patient engagement in supporting improvements in outcomes for patients on anticoagulation.</li> </ol>	Dr. Elizabeth MacKay
1410	1420	Questions		
1420	1430	Break		
1430	1505	Top 5 Papers of 2020	<ol style="list-style-type: none"> <li>1. Describe the top 5 papers of 2020 that are highly relevant to General Internal Medicine.</li> <li>2. Know the limitations of the conclusions of the top 5 articles as it pertains to the General Internal Medicine patient population.</li> <li>3. Recognize the implications of the top 5 papers to General Internal Medicine practice and education.</li> </ol>	Dr. Anthony Battad
1505	1515	Questions		



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<b>AM Edwards/ACP Lecture – 30 minutes with Q&amp;A</b>				
1520	1540	AM Edwards/ACP Lecture Randori Kumite (40 Years in Rural General Internal Medicine)	<ol style="list-style-type: none"> <li>1. Recognize the benefits of a career in rural General Internal Medicine.</li> <li>2. Identify that Generalism and Partialism are not dichotomous, as a practitioner can be both.</li> <li>3. Navigate the line between EBM &amp; MBE.</li> <li>4. Experience the patient to improve the patient experience.</li> <li>5. Consider living medicine with meaning, passion, and purpose.</li> </ol>	Dr. Michael Kenyon
1540	1550	Questions		
1550	1600	Break		
1600	1645	Debate OK Boomer: BIRT Teaching Millennials Requires a Special Skillset and Perhaps a Set of Kid Gloves	<ol style="list-style-type: none"> <li>1. Explain how teaching medical students and residents from different generations has evolved.</li> <li>2. Challenge whether residency training efforts for millennials should focus on new methods and strategies.</li> <li>3. Describe the importance of evolving training methods and strategies to adapt to different learning styles, influences, and changes in technology.</li> </ol>	Dr. Glen Drobot Dr. Tania Pannu Moderator: Dr. Rahim Kachra

# Friday, November 20, 2020

Start Time	End Time	Talk Title	Learning Objectives	Speaker(s)	
1300	1320	Pandemic Perspectives – COVID-19	<ol style="list-style-type: none"> <li>To summarize the salient features of the COVID-19 pandemic.</li> <li>To discuss perceptions, controversies, and dissecting myths from facts.</li> <li>To provide perceptions of COVID-19 from a global vantage point.</li> </ol>	Dr. John Conly	
1320	1330	Questions			
1330	1500	<b>WORKSHOPS: Concurrent sessions - 30 minutes each with Q&amp;A - Can attend up to three workshops</b>			
		An Evidence Update on the Prevention and Treatment of COVID-19-Related Thrombosis	<ol style="list-style-type: none"> <li>Describe the pathophysiology of thrombosis in COVID-19 patients.</li> <li>Describe the risk of thrombosis in hospitalized and discharged patients with COVID-19.</li> <li>Apply the latest evidence for thromboprophylaxis and anticoagulation management in patients with COVID-19</li> </ol>	Dr. Leslie Skeith	
		COVID-19 and the Liver: Updates and Case Studies	<ol style="list-style-type: none"> <li>Understand liver manifestations in COVID-19 infection.</li> <li>Discuss current management strategies in patients with COVID-19 and chronic liver diseases.</li> </ol>	Dr. Hin Hin Ko	
		COVID-19 and the Skin	<ol style="list-style-type: none"> <li>Describe dermatological manifestations in patients infected with COVID-19.</li> <li>Identify risks of dermatological complications in patients infected with COVID-19.</li> <li>Identify the role of Internists in managing dermatological complications of patients infected with COVID-19.</li> </ol>	Dr. Jaggi Rao	
		Immigrant and Refugee Health: Unique Considerations to a Common Medical Problem - Anaemia	<ol style="list-style-type: none"> <li>Identify unique causes of anaemia amongst immigrant and refugee population.</li> <li>Describe a standard work-up approach to these unique aetiologies.</li> </ol>	Dr. Jonathan Laxton	



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Start Time	End Time	Talk Title	Learning Objectives	Speaker(s)
		Jumping Out of the Fire Into the Vapor: What Every Internist Needs to Know	<ol style="list-style-type: none"> <li>1. Describe the evolution of the electronic cigarette.</li> <li>2. Present an approach to discussing the safety of electronic cigarettes.</li> <li>3. Review the latest evidence for effectiveness as a smoking cessation aide.</li> </ol>	Dr. Erika Penz
		Introduction to Gender-Affirming Hormone Therapy and Its Associated Complications	<ol style="list-style-type: none"> <li>1. Describe gender-affirming hormone therapy.</li> <li>2. Identify common complications of gender-affirming hormone therapy.</li> </ol>	Dr. Nathalie Saad
1500	1510	Break		
1510	1550	Research Program	<ol style="list-style-type: none"> <li>1. Identify research methodologies that enhance clinical care in hospital and ambulatory care settings.</li> <li>2. Discuss ongoing research projects by trainees from across Canada in order to stimulate thought and collaboration for the purpose of improving clinical care.</li> <li>3. Describe the top two resident clinical cases in General Internal Medicine from across Canada.</li> <li>4. Describe the top two quality improvement resident research projects from across Canada.</li> </ol>	Dr. Michael Prystajecy
1550	1600	Break		
1600	1630	How to Use Your Privilege as an Internist to be an Effective Ally	<ol style="list-style-type: none"> <li>1. Recognize the scope of racism in the workplace.</li> <li>2. Describe restorative actions an Internist can take when experiencing or observing racism.</li> <li>3. Explore practical solutions that are currently in place for addressing incidents and reducing the potential of future violations.</li> </ol>	Dr. Cheryl Barnabe, Dr. Wauldron Afflick, Dr. Swati Chavda
1630	1645	Discussion		
1645	1700	Closing Remarks		Dr. Lee-Ann Hawkins and Dr. Rahim Kachra