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Dr. McAlister is a general internist and has attended on the general medicine Clinical Teaching Units at the University of Alberta Hospital and the Mazankowski Alberta Heart Institute Heart Failure Clinic since 1994. He obtained his MD (1990) and completed his general internal medicine residency at the University of Alberta (1994), and did his research training at the Universities of Ottawa and Oxford. He has published over 540 manuscripts, has received the Royal College of Physicians and Surgeons of Canada Gold Medal for Research, the Canadian Society of Internal Medicine David Sackett Senior Investigator Award, a Killam Professorship, and is a Fellow of the Canadian Academy of Health Sciences. He also served as President of the Canadian Society of Internal Medicine (2009-2011) and co-chaired the Canadian Hypertension Education Program Guideline Committee and Outcomes Research Task Forces.