

Rocky Mountain Internal Medicine Conference				
Thursday, Nov 16, 2023				
Time	Presentation Type	Presentation Title	Presenter	Learning Objectives
0800-0845		Breakfast & Poster Set-up		
0850-0900	Opening Remarks		Lee-Ann Hawkins Rahim Kachra	
0900-0945	RJ Herman Plenary	How Your Ignorance Is Killing Your Patient: Racism in Medicine	Neeja Bakshi	<ul style="list-style-type: none"> Identify and define: Racism in Healthcare, Implicit Bias, and review Social Determinants of health in this context Explore historical examples of systemic racism in healthcare Discuss real-time examples of racial disparity in current day healthcare system Explore anti-racism and anti-oppressive curriculum gaps in medical education
0945-1010	Short Snapper	More than just Statins - What's new in the treatment of Dyslipidemia?	Raj Padwal	<ul style="list-style-type: none"> Determine which patients require aggressive management and therefore may need non-statin therapy Identify the when ezetimibe, PCSK-9 inhibitors, fibrates, and icosapent ethyl Identify emerging drugs and drug targets in the field
1010-1035	Short Snapper	Thrombotic Microangiopathy - A short snapper for the Internist	Louis Girard	<ul style="list-style-type: none"> Identify the signs and symptoms of TMA Emphasize the investigations required to establish a diagnosis in patients with TMA and to ensure that their workup is complete Discuss emergent treatment of TMA along with other relevant therapies.
1035-1100	Break			
1100-1145	Research Program	Abstract - Oral Presentation	Oral Abstract Authors	<ul style="list-style-type: none"> Recognize and manage rare conditions encountered in General Internal Medicine Describe quality improvement initiatives being undertaken by General Internists to enhance healthcare delivery and clinical outcomes Appreciate the scope of research being undertaken by General Internists
1145-1230	ACP/AM Edwards	Reflections on a Pandemic: Picking up the Pieces	Lynora Saxinger	<ul style="list-style-type: none"> Summarize clinical knowledge about COVID-19 gained over the course of the pandemic Summarize key stories and stages of the COVID-19 pandemic and its profound impacts on society - and on us as health care professionals Illustrate how key societal trends exacerbated increasing pandemic divisions and distrust – and compare our current status to relevant historical challenges. Propose strategies that will help us move forward, applying lessons learned in a positive way.
1230-1330	Lunch			
	Workshop Round 1			

1330-1425	A1	Cases in Acute Respiratory Failure: CHF or COPD?	Lori Wik	<ul style="list-style-type: none"> • Provide strategies to differentiate between cardiac and respiratory causes of acute dyspnea • Identify common pathophysiologic mechanisms of dyspnea in heart failure and COPD • Use real-world examples, review and analyze an approach to acute dyspnea in an interactive forum.
	A2	Walking the Tightrope- Restarting Anticoagulation after Major Bleeding	Deepa Suryanarayan	<ul style="list-style-type: none"> • Describe the clinical significance of major bleeding events in patients receiving anticoagulant therapy • Explore risk factors and outcomes post major bleeding in patients on anticoagulation. • Discuss the potential benefits and risks of restarting anticoagulation therapy after major bleeding and evaluate the evidence guiding optimal timing to resume anticoagulation and management
	A3	Reducing the Risk of Kidney Decline in the Patient with CKD	Louis Girard	<ul style="list-style-type: none"> • Discuss CV and kidney risk in patients with CKD • Highlight up to date methods for establishing cardiorenal risk in patients with CKD • Describe guideline based targets and therapeutics with strong evidence demonstrating cardiorenal risk reduction in patients with CKD
	A4	The Retrospectroscope: A Case-Based Approach to Illustrate How Autopsy Can Be Used as a Quality Improvement Tool	Amy Bromley	<ul style="list-style-type: none"> • Describe the role of the autopsy in a modern medical practice • Identify cases in which an autopsy may be high yield • Utilize autopsy results for quality improvement
	A5	Limb Preservation/Medical Management of PAD	Karim Manji Sidra Javed	<ul style="list-style-type: none"> • Identify risk factors for diabetes-related foot complications • List surgical management options for diabetes-related foot complications • Recognize opportunities to reduce risk of major amputation
1425-1435	Transition			
1435-1530	Workshop Round 2			
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Workshop Round 3				
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1600-1655	A1	Cases in Acute Respiratory Failure: CHF or COPD?	Lori Wik	<ul style="list-style-type: none"> Provide strategies to differentiate between cardiac and respiratory causes of acute dyspnea Identify common pathophysiologic mechanisms of dyspnea in heart failure and COPD Use real-world examples, review and analyze an approach to acute dyspnea in an interactive forum.
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1655-1700	Transition			
1700-1800	Poster Presentations	Poster Abstract Authors		<ul style="list-style-type: none"> Appreciate interesting clinical case presentations in General Internal Medicine from various hospitals across Western Canada Explain how different health care systems address quality improvement and safety initiatives Describe local clinical research projects and how these results impact patient populations
1810-2000		Medical Jeopardy and Dinner	unaccredited	
Friday, Nov 17, 2023				
0730-0830	Breakfast			
0830-0925	Workshop Round 1			
	B1	Alphabet Soup - Management of T2DM in 2023	Janeve Desy	<ul style="list-style-type: none"> Describe the mechanisms of action of oral and injectable diabetes medications Apply the latest guideline recommendations for treatment of type 2 diabetes Individualize treatment of type 2 diabetes based on patient comorbidities
	B2	Hot Topics in Obstetric Medicine	Jessica Cudmore	<ul style="list-style-type: none"> list updates on OAT in pregnancy explain what's new in blood pressure management in pregnancy and postpartum describe the connection between hypertensive disorders in pregnancy and future cardiovascular health
	B3	Optimizing GDMT in the Patient with Heart Failure	Lori Wik	<ul style="list-style-type: none"> Identify optimized goal-treatment approaches for all types and stages of heart failure Describe systems to keep patients with heart failure at home Review prevention and management of common barriers to medication titration Identify strategies for comprehensive heart failure care in the community setting
	B4	Management of Decompensated Cirrhosis for the General Internist	Meredith Borman	<ul style="list-style-type: none"> identify how best to incorporate General Internal Medicine into the management of the patient with decompensated cirrhosis list treatment modalities available for these patients recognize the merit of screening programs and how to implement them in your community clinic setting
	B5	Cases in Atrial Fibrillation: Rate vs Rhythm	Ben Leis	<ul style="list-style-type: none"> outline key literature around usefulness of rhythm versus rate control develop a process of considering and implementing rhythm control strategies using a case-based approach
0925-0935	Transition			

Workshop Round 2				
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1200-1300	Lunch			
1300-1345	Plenary	Top 5 Papers	Meghan Vlasschaert	<ul style="list-style-type: none"> Summarize the top 5 papers of 2023 that are highly relevant to General Internal Medicine Discuss the limitations of the conclusions of the top 5 paper as it pertains to the General Internal Medicine patient population Describe the implications of the top 5 papers to General Internal Medicine practice
1345-1410	Short Snapper	COVID-19 Treatment	Vikas Chaubey	<ul style="list-style-type: none"> Describe the classification of COVID severity Apply therapies indicated based on severity of disease Manage logistics of delivering outpatient therapy

1410-1435	Short Snapper	Hypertension Update	Nazli Baradaran	<ul style="list-style-type: none"> • Apply hypertension canada guidelines in the complex medical patient • Carry out community practice management strategies for these patients with a focus on those with resistant or complicated hypertension • Describe the current evidence available for guiding management in this population
1435-1500	Break			
1500-1525	Short Snapper	Refactoring our Approach to Thrombosis Management (Factor XI Inhibitors)	Deepa Suryanarayan	<ul style="list-style-type: none"> • List the limitations and challenges associated with traditional anticoagulants in thrombosis management. • Describe the role of factor XI in the coagulation cascade and implications of FXI inhibition in management of thrombotic disorders • Explore the current evidence and clinical trials evaluating factor XI inhibitors for various thrombotic indications in both prophylactic and treatment settings
1525-1550	Short Snapper	Cardiac Amyloidosis	Nowell Fine	<ul style="list-style-type: none"> • Identify the patient with cardiac amyloid in your practice • review imaging and cardiac function modalities and how best to incorporate them into your practice • identify treatment options for this patient population
1550-1630	Thought Experiment	Minding the Gap - Perception of GIM	Troy Pederson Narmin Kassam Lori Wik Iain McCormick	TBD
1630-1640	Closing Remarks		Lee-Ann Hawkins Rahim Kachra	

Version 1.5 October 27, 2023 - Program may change due to circumstances beyond our control